




Monday	Tuesday	Wednesday	Thursday	Friday	
<p>EVERYDAY ACTIVITIES: light breakfast :ends @ 9:30 devotions or optional activity letter of the Day large & small motor skills music activities snack provided around 2:30 mind, body, & spirit stimulation lots of laughter</p>	<p>Aug. 3 Indianapolis Colts vs. Washington Redskins, at Canton, Ohio</p> 			<p>Coffee & Conversation Walk Inside Sittercise Drink & Story Line Dancers @ 11:00 AM Beth on Piano @ 12 Noon Devotions or Poetry Letter of the Day "R" Basketball Spelling Bee Monthly Gazette Dominos</p>	1 D B B D G G E F B F D
<p>Coffee Hour Stretch Your Legs Letter of the Day "A" Devotions or Poetry Exercise in Your Seats Hydration Time BINGO Basketball Judy on Piano-2:00 PM August I.Q. Concentration Trivia</p>	<p>4 D Coffee & News B Walk & Find F Letter of the Day "E" E Stretch Your Body B Drink & a Story D How to Make a Fan F Mary on Piano @ 3:00 PM B Memory Bean Bag Toss G Devotions or a Story F Word Unscramble F Guggenheim F Coloring or Cards</p>	<p>5 D Tea & Chat B Let's Walk Outside F Letter of the Day "I" B Exercise Time D Devotions or Puzzles C Water & Chat G 2nd Time Around Band 1 PM D Win Lose or Draw E Balloon Ball F John Deer Story F Tongue Twisters A JENGA</p>	<p>6 D Coffee Hour B Take a Stroll F Letter of the Day "M" B Exercise with Scarves E Talk & Hydrate D BANGO G Ring Toss A Who Am I? B Devotions or a Book D Inventive Word Search F Interesting Crafts A Checkers</p>	<p>7 D Coffee & Conversation B Walk Inside F Letter of the Day "S" B Devotions or Games D Exercise w/Smiley Balls F Water & a Story B Beth on Piano @ 12 Noon F Chosen Vessels @ 1 PM E Exercise w/ Handballs F "Fair" Discussion A Balloon Ball A Crazy 8's</p>	8 D B F E B D G G G D B A
<p>Coffee News Time For a Walk Letter of the Day "B" Let's Stretch Drink & Chat Judy on Piano @ 2 PM Devotions or Poetry Bowling This & That Trivia Washer Toss BINGO Crazy 8's</p>	<p>11 D Coffee & Conversation B Take a Walk F Letter of the Day "F" B Exercise Time D Drink & a Story G Linda Moss/Hair Cuts @ 1 PM E Mary on Piano @ 3:00 PM B Devotions or Books F Left Hander Trivia B Slinky Tidbits B Who Am I? F Stretch Time</p>	<p>12 D Coffee & Chat B Stretch Your Legs F Letter of the Day "J" B Exercise in Chairs F Water & Chat E Devotions or Puzzles G Trip 11:30 to 3:30 E Lunch at Heart Break Café D Stretch & a Drink D Video Time F Cards</p>	<p>13 D Coffee Hour B Take a Stroll F Stretch & Sway B Letter of the Day "N" D Drink & a Story E Devotions or Cards D BANGO Aug. Word Search B Tool Time w/ Charles 2 PM D Tool Match A Basketball</p>	<p>14 D Coffee & Tea B Walk Inside B Letter of the Day "T" F Sittercise E Hydrate & Chat E Beth on Piano @ 12 Noon A Patently True or False F Devotions or Games E Hot Puzzle F Bean Bag Toss B Cards</p>	15 D B F B D G F E F B A

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<p>Coffee & News Time to Walk Letter of the Day "C" Devotions or Poetry Time to Exercise Drink & Chat Judy on Piano-2:00 PM Davy Crocket Day Summer Time Criss-Cross Olympics Wordsearch Stretch & Sway Cards or Games</p>	<p>18 D Coffee Time B Time to Move F Letter of the Day "G" E Devotions or Puzzles D Drink & Conversation B Exercise w/ Handbells G Orville Wright's Birthday E Ice Cream Soda Day F Mary on Piano 3:00 PM F Word Unscramble B Knock 'em Down Cans A Gymnastics Word Search</p>	<p>19 D Coffee & Chat B Take a Walk F Letter of the Day "K" E Devotions or Stories D Stretch & Sway B TRIP DAY - 1:30 - 3:30 PM D Dairy Queen D Hydration Time G Lemon Experiments F Day at the Fair Word Search B Let's Move F Gymnastics Word Search</p>	<p>20 D Coffee & News B Exercise F Rejuvenate & Story E Letter of the Day "R" B Devotions or Poetry D Walk Around D Horse Shoes D BANGO C Amazing Aug. Maze D Hawaiian Word Search B Coloring</p>	<p>21 D Coffee & Tea B Exercise W/ Scarves D Letter of the Day "V" F Devotions or Circle Find E Water & Chat-a-Chini B Beth on Piano @ 12 Noon B BINGO A Walk Outside F Bean Bag Toss F Spelling Bee C Hangman D Crazy 8's</p>
<p>Coffee & Chat Exercise w/ Sticks Letter of the Day-V Devotions or Magazines Water & Jokes Morning Mosey Maddy @ 12:30 PM BINGO Judy on Piano-2:00 PM S T S Word Search Ring Toss</p>	<p>25 D Coffee & News B Exercise w/ Bands F Letter of the Day "H" E Water & Trivia D Devotions or Cards B Feed the Birds D Craft Time E Coloring Pages G Bowling B Mary on Piano 3:00 PM B Cards</p>	<p>26 D Coffee & Tea B Exercise W/ Smiley Balls F Letter of the Day "M" D Devotions or Circle Find E TRIP DAY - 11:30 - 3:30 PM B Sirloin Stockade C Water & Who Am I? C History of the Golf Ball B Golfing Jokes G Golf F Golf Course Circle Find F Checkers or Video</p>	<p>27 D Coffee & Chat B Sittercise E Drink & Poetry F Devotions or Coloring D Walk & Discover D Letter of the Day "S" D Melon BINGO D Toe Tappin' W/ Charles 2 PM D Watermelon for Snack B Balloon Ball D Journaling</p>	<p>28 D Coffee & Conversation B Exercise W/ Handbells D Letter of the Day "W" E Devotions or Chat-a-chi-ni B Water & Story Time F Beth on Piano @ 12 Noon F Outside Stroll G BANGO D Basketball B Mary Poppins Trivia E Watch Mary Poppins D Uno</p>

Women's Equality Day - August 26

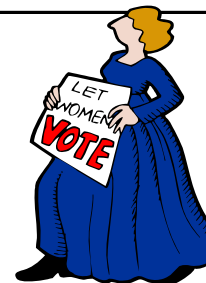
August 26 of each year is designated in the United States as Women's Equality Day.

Instituted by Rep. Bella Abzug and first established in 1971, the date commemorates the passage of the 19th Amendment, the Woman Suffrage Amendment to the U.S.

Constitution, which gave U.S. women full voting rights in 1920.

Wyoming, while still a territory, was the 1st to give women the right to vote in 1869.

Wyoming also refused to become a STATE if that right was not honored.



- A=small motor
- B=large motor
- C=creative
- D=social
- E=emotional
- F=mental/cognitive
- G=music