



Monday

Tuesday

Wednesday

Thursday

Friday

EVERYDAY ACTIVITIES:

light breakfast :ends @ 9:30
devotions or optional activity
letter of the Day
large & small motor skills
music activities
snack provided around 2:30
mind, body, & spirit stimulation
lots of laughter



A=small motor
B=large motor
C=creative
D=social
E=emotional
F=mental/cognitive
G=music

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tea & Conversation D	Coffee Hour D	Table Talk D	Coffee & Tea D	Coffee & Chat D
Body Motion B A	Dance in your Seat B A	Flexercise B A	Exercise Time B A	Balloon Ball B A
White Board Puzzler F	Craft Tuesday C	Health Education C	Hand Massages/Manicures F	Step by Step D
Letter of the Day F	Jeopardy F	Letter of the Day F	Trivia Delight F	Letter of the Day F
Devotions/Current Events E F	Devotions/Show & Tell E F	Devotions/Childhood E F	Devotions/Spelling Bee E	Devotions/Toss & Name E F
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
BINGO A F	Music w/Mary D G	Bango D G	Crafty Crew/Concentration A F	Bingo C F
Music Time G	Parachute Game A B	Bowling A B	Ring Toss A B	Washer Toss A B
SNACK	SNACK	SNACK	SNACK	SNACK
Pictures on the Board C	Pass the Package A	Matter of Balance W/Pam A	Memory Tray B	Let's Make a Sentence F
Name 10 Game F	Hangman F	Top 20 Favorites F	Participant's Choice F	Color Me Happy D
Chat-a-Chini F	Word Search/Coloring C F	Laugh Lines C F	Feed the Birds D	Puzzles D

