

April - June 2017

Activity Calendar



Everyday Activities:

Open-Close: 7:30am – 5:30pm
Light Breakfast: ends @ 9:30am
Large & small motor skills
Mind, body, & spirit stimulation
Lots of laughter

Stimulation Key:

A =small motor
B = large motor
C=creative
D=social
E=emotional
F=mental/cognitive
G=music

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Tea & Coffee	D	Coffee & Current Events	D	Coffee & Cards	D	Tea & Conversation	D	Coffee Hour	D
9:30am Walk	B	9:30am Walk		9:30am Crafts		9:30am Walk		9:30am Walk	
Morning Stretch	B	Balloon Ball	B	Daily Chronicle	E	Stretch & Sway	B	Body Motion	B
Devotions/Daily Chronicle	F	Devotions/Daily Chronicle	A	Health Education	F	Devotions/Daily Chronicle	A	Letter of the Day	A
* Interactive Questions	E	Guggenheim	G	Exercise with Tricia	E	Word Unscramble	C	Draw pictures on Board	F
Innovations in the News	E	Let's Take a Walk	E	Walk	A	Take a Walk	E	Let's Walk	E
Stroll Outside	B		B		B		B		B
Lunch (12:00pm)	F	Lunch (12:00pm)	D	Lunch (12:00pm)	A	Lunch (12:00pm)	A	Lunch (12:00pm)	A
Bingo	F	BANGO	B	Ping Pong & Pool	B	Bean Bag Toss	B	Bingo	D
Build a Story		Basketball		Trivia	F	Nail/Hand Massage		Questions on a sheet	
		Memory Game							
Snack (2:30pm)	G	Snack (2:30pm)	F	Snack (2:30pm)	A	Snack (2:30pm)	F	Snack (2:30pm)	D
Music Time	E	Jigsaw Puzzles	D	Jokes/Riddles	D	Table Games	D	Coloring Pages	C
Word Search	G	Reminisce/Checkers	G	Crazy 8 Club	G	Relax to Music		Relax to Music	G
Relax to Music		Relax to Music		Relax to Music					

*Choices: 20 Questions, Categories