

900 Lindsey St.

Columbus, IN 47201

2(812) 372-6415

www.justfriendscolumbus.com

Quarterly Newsletter – May 2017

What's Been Happening?

Day of Caring

Volunteers come and helped our participants plant flowers. Thank you to all the volunteers that shared their gift of kindness.

Volunteer Appreciation Lunch







Daffodil Tea

The annual Daffodil Tea for Mother's Day was provided by the Cosmopolitan Club. The Cosmopolitan Club ladies do such a wonderful job of making all the Just Friends women feel so special. Thank you for all the preparing, serving, and amazing treats.







Upcoming Events

- Father's Day Trip to Arby's and then on to Jacobi
- Group Trip for a picnic at Tipton Lakes
- July 4th Annual Cook-Out
- **SAVE THE DATE**2nd Annual Tailgate Party Fundraiser!





Donations

Mr. & Mrs. David Baldwin

Mr. & Mrs. Weber

United Way

Columbus Adult Daycare Endowment fund Interim HC The Columbus Foundation

First Presbyterian Church

State Employees' Community Campaign

First United Methodist **Lucas Oil Products** Angelo Lucero

Honorariums & Memorials

In honor of Jayme Zobrist

Mr. Deiken Maloney

In memory of Warren Downen

Mr. & Mrs. Garry Vreeland

Mr. & Mrs. Willis Hagan

Mr. & Mrs. Stephen Newton

Dr Kevin Preuss & Dr. Lisa Duret

Mrs. Norma Taylor

In memory of Johnnie Wagner

Mr. & Mr. Roy Hendershot

Mr. Charles D Franke

Mr. & Mrs. Ralph Deppe

Mrs. Susan Mudge

Mr. & Mrs. Donnie Wells

Mr. & Mrs. Garry Vreeland

Mrs. Barbara Galloway

In memory of Donald Weddle

Mr. & Mrs. Garry Vreeland Carroll Thompson

In memory of Kay Totten

Mr. & Mrs. Garry Vreeland

Mr. & Mrs. Jim Clerc

Mrs. Norma Taylor

Mr. & Mrs. Steve Sudbrin

Ms Eva Fuetterer

Mr. & Mrs. Moats

Mr. & Mrs. Dan Totten

Mrs Marjorie Anthony

Mrs. Margaret Wheeler

Mr. & Mrs. John Helm

Mr. & Mrs. Michael Salem

Caregiver Corner

5:30pm – Light Dinner

6:00pm – Caregiver Presentation

6:00pm – Loved Ones Activities

Upcoming Monthly Topics: June 8th – Changing Physical Needs

Get tips on how to deal with your loved ones changing physical needs from a Columbus Regional Heath Physical Therapist.

July 13 – Treat Yourself Night

You deserve a break! Come to Just Friends for a short massage (by a professional), relaxing music, and delicious treats. Our caregiver survey results will also be presented.

August 10th – Balancing the New Normal

Caring for a loved one means, among other things, making tough decisions. Gary Goshorn (a caregiver himself) will host a conversation about making these decisions in a dignified and respectful way.

Free to anyone caring for an adult



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