

AUGUST



2017 Activity Calendar

Mondays

Tea & Coffee or Dominoes with Gayle
9:30am Walk/Garden Time
Morning Stretch with Jim or Morning Discussion
Bean Bag Toss or Innovations in the News
Stroll outside with Raleigh
Lunch – 12:00pm
Bingo with Irene or Checkers
Snack – 2:30pm
Judy on piano – 2:30pm
Word Search or Relax to Music

Tuesdays

Coffee & Current Events
9:30am Walk/Garden Time
Balloon Ball with Irene
Morning Discussion or Knock'em Down Cans
Guggenheim or Let's Take A Walk with Dwain
Lunch – 12:00pm
Bango
Basketball with Peggye or Memory Game
Snack – 2:30pm
Jigsaw Puzzles with Naomi or Reminisce/Checkers

Wednesdays

Coffee & Cards or 9:30am Crafts with Gayle
Daily Chronicles with Vic
Health Education
Exercise with Trisha
Walk with Raleigh
Lunch – 12:00pm
Ping Pong with Cathy or Pool with Howard or Trivia
Snack – 2:30pm
Jokes/Riddles with Kaye or Crazy 8 Club
Relax to Music

Thursdays Tea & Conversation or 9:30am Walk/Garden Time with Bill
Stretch & Sway with Ron or Jarts/Parachute
Morning Discussion or Word Unscramble with Betty
Take A Walk
Lunch – 12:00pm
Bean Bag Toss with Dwain or Nail/Hand Massage with Carol
Snack – 2:30pm
Table Games or Relax to Music with Vicki

Fridays Coffee Hour or 9:30am Walk with Billy
Baking with Vicki or Body Motion with Renee
Letter of the Day or Morning Discussion with Vic
Bowling with Naomi or Draw pictures on Board
Let's Walk with Raleigh
Lunch – 12:00pm
Bingo with Irene or Questions on a sheet
Snack – 2:30pm
Coloring Pages or Relax to Music with Vic

Special Dates:

Aug. 1 (Tue) 1:00pm – Peg on piano
Aug. 3 (Thur) 11:00am – Geography
1:00pm – Silver Edition

Aug. 10 (Thur) 10:00am – Karaoke Mike

Aug. 15 (Tue) 11:00am – Shorty Fiesbeck, Bee Keeper, will visit
1:00pm – Peg on piano

Aug. 21st - 25th Trip Week to Long John's Silvers
Aug. 24 (Thur) 11:00am – Science with Krystyana
Aug. 25 (Fri) 1:00pm – Karaoke Mike

Aug. 29 (Tue) 1:00pm – Peg on piano
Aug. 30 (Wed) 2:00pm – Music with Damien