

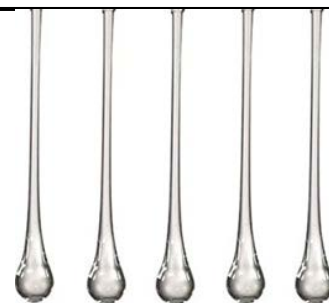
January



2018 Activity Calendar

Mondays

Tea & Coffee time with Vic
Health Education
Exercise with Tricia
Stroll inside with Gayle
Lunch – 12:00pm
Bango with Bob or Checkers
Snack – 2:30pm
Piano time with Judy
Word Search or Relax to Music with Howard M.



Tuesdays

Coffee & Current Events with staff
Knock'em Down Cans or Balloon Ball with Cathy
Morning Discussion or Guggenheim
Lunch – 12:00pm
Bingo with Marie
Basketball with Irene
Snack – 2:30pm
Jigsaw Puzzles with Carole G. or Memory Game

Wednesdays

Coffee & Cards with Dwain
Morning Stretch/Bean Bag Toss
Daily Chronicle with Bill L.
Walk with J.D.
Lunch – 12:00pm
Ping Pong with Margarita or Hangman
Snack – 2:30pm
Jokes/Riddles with Bill B. or Crazy 8 Club
Relax to Music

Thursdays Tea & Conversation
Stretch & Sway or Shuffle Board
Morning Discussion with Irene
Let's Take a Walk with Art
Lunch – 12:00pm
Ring Toss with Richard O.
Nail/Hand Massage with Carol S.
Snack – 2:30pm
Table Games or Questions on a Sheet

Fridays Coffee Hour with Billy
Baking with Renee or Hangman
Morning Discussion with Howard M.
Stretch & Sway with Kaye
Draw Pictures on Board or Dominoes with Connie
Let's walk with Raleigh
Lunch – 12:00pm
Bingo or Trivia with Lewis
Snack – 2:30pm
Coloring Pages or Relax to Music with Ron

Additional person centered care activities will be offered every day to all participants.

Special Dates:

Jan. 1 (Mon) CLOSED
Jan. 2 (Tues) 1:00pm – Peg on Piano
Jan. 4 (Thur) 1:00pm – Silver Edition

Jan. 11 (Thur) 10:00am – Karaoke Mike

Jan. 15 – 19 (Mon- Fri) Trip week to China Buffet

Jan. 16 (Tues) 1:00pm – Peg on Piano
Jan. 18 (Thur) 1:00pm – Silver Edition

Jan. 26 (Fri) Karaoke Mike

Jan. 30 (Tues) 1:00pm - Peg on Piano
Jan. 31 (Wed) 2:00pm - Music with Damien

