



2018 Activity Calendar

Mondays

Tea & Coffee time with Vic
Health Education & Exercise with Tricia
Stroll inside with Gayle & Dwain
Lunch – 12:00pm
Mexican Train Dominoes with Connie
Stretch your legs / Let's take a walk inside
Bango with Bill B., Bob, or Checkers with Bill L.
1:00pm – 2:00pm Drumming @ MRC with Betty R. & Dick M.
Snack – 2:30pm & Piano time with Judy
Bowling with Raleigh
Jenga, Pyramid Game or Puzzles with Raleigh
Word Search or Relax to Music with Howard M.

Tuesdays

Coffee & Current Events with Bob C. & staff
Mexican Train Dominoes with Gayle
Knock'em Down Cans or Balloon Ball with Kaye, Irene, Howard
Morning Discussions or Guggenheim with Bob, Peggye
Coloring Pages with Vic
Lunch – 12:00pm
Lets walk with Raleigh
Bingo with Marie & Peggye
Ring Toss or Basketball with Irene
Mexican Train or Uno with Betty R.
Snack – 2:30pm
Exercise – Hand squeezes with Cathy V. or Let's take a walk with Raleigh
Hangman with Carole G. or Jigsaw Puzzles with Raleigh
Word Searches, Coloring or What or Who am I?

Wednesdays

Coffee & Cards with Dwain
Morning Stretch with Cindy or Walk with JD
Bean Bag Toss with Margarita, Bob C. or Crazy 8 with Kaye, Bill B., & Richard S.
Jenga, Connect 4 or Puzzles with Dick M., Irene, & Gayle
Lunch – 12:00pm
Ping Pong with Kaye, Gayle, Cindy, JD, & Carole G.
Pool with Vic & Bill B.
Snack – 2:30pm
Checkers or Chess with Dwain
Jokes/Riddle with Bill B. or Crazy 8 Club with Betty R.
Table Games with Bob C. & Betty R.

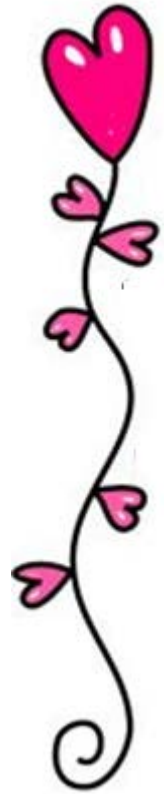


Thursdays

Tea & Conversation with Gayle & Don
Stretch & Sway or Shuffleboard with Gayle
Morning Discussion with Irene
Table Games with Carol S., Peggye, & Naomi
Balloon Ball with Margarita
Mexican Train Dominoes with Irene & Cindy
Crafts with Naomi, Irene, & Betty R.
Lets walk with Dwain & Richard S.
Lunch – 12:00pm
Ring Toss with Richard O., & Margarita, & Cindy
Nail/Hand Massage with Carol S. & Cathy
Snack – 2:30pm
Dominoes, Checkers or Coloring with Naomi
Bowling with Peggye
Table Games with Bill L. & Kaye S.

Fridays

Coffee Hour with Billy
Baking with Irene, Gayle, Greg & Naomi
Morning Discussion with Cindy, Howard M., & Bob C.
Stretch & Sway with Kaye & Gayle
Lets walk with Raleigh
Lunch – 12:00pm
After lunch stroll & Range of Motion exercises
Bingo with Betty R. or Trivia with Vic, Bill B., Dick M.
Snack – 2:30pm
Ring Toss with Margarita & Carole G.
Fun Facts, Trivia or Would you Rather with Vic
Gunsmoke with Raleigh



Additional person centered care activities will be offered every day to all participants.

Special Dates:

Feb. 2 (Fri) Ground Hog day – visit from Grubby the groundhog

Feb. 7 (Wed) 10:15am - St. Peter's students

Feb. 8 (Thur) 10:00am – Karaoke Mike

Feb. 9 (Fri) Winter Olympics Opening Ceremony

Feb. 13 (Tue) 1:00pm – Peg on piano

Feb. 14 (Wed) Valentine's Day – special craft & snack

Feb. 15 (Thur) 1:00pm – Silver Edition

Feb. 19 - 23 (Mon -Fri) Trip Week to McDonalds

Feb. 21 (Wed) 10:15am – St. Peter's students

Feb. 23 (Fri) 1:00pm – Karaoke Mike

Feb. 27 (Tue) 1:00pm – Peg on piano

Feb. 28 (Wed) 2:00pm - Music with Damien

