








OCTOBER

2018 Activity Calendar



900 Lindsey Street Columbus, IN 47201
812-372-6415 www.justfriendscolumbus.com

Monday  1	Tuesday  2	Wednesday  3	Thursday  4	Friday  5
<p>Wear Your Favorite Hat this week! Coffee & Current Events with Cindy Morning Stretch with Greg Topical discussions with Irene Coloring Techniques with Dick Walking Club with Raleigh <i>12:00pm – Lunch club</i> BINGO 1-2pm – Drumming @ MRC <i>2:30pm – Snack Café & Judy on piano</i> Hangman with Dick Who am I? with Melissa Checkers with Raleigh Gunsmoke or Crafts</p>	<p>Coffee & current events with staff Balloon volleyball with Gayle Guggenheim with Steve Walking Club with Raleigh <i>12:00pm - Lunch Club</i> 1:30pm – Peg on piano Basketball with Bob Would you rather? <i>2:30pm – Snack Cafe</i> Charades with Sandy Relax to music with Pat</p>	<p>Morning Café with Bill Stretch and Sway with Naomi Baking with Julius, Irene, & Greg Walking club with Raleigh <i>12:00pm - Lunch Club</i> Ping Pong with Gayle or Pool with Bill & Bob 1-2pm St. Peter’s Students visiting <i>2:30pm – Afternoon Cafe</i> Word search with Dick Checkers or Fun Facts with Ray</p>	<p>Caffeine Café with Bob Puzzles with Pat Concentration with Staff Mexican Train with Gayle Washer Toss with Richard Walking Club with Raleigh <i>12:00pm - Lunch Club</i> Let’s stretch with Cindy Table Trivia with Sandy Connect 4 with Peggye <i>2:30pm – Afternoon Cafe</i> Jokes, Riddles, & Humorous stories with Staff</p>	<p>Coffee Hour with Billy Bean Bag Toss with Dick Guggenheim with Gayle Coloring Techniques with Roger Before lunch stroll with Raleigh <i>12:00pm – Lunch club</i> After lunch stroll outside Bingo with Bill <i>2:30pm – Afternoon Cafe</i> Basketball with Irene Relax into the weekend with Cindy</p>
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<p>Tea or Coffee with Cindy Exercise time with Greg Puzzles with Naomi Walking club with Raleigh <i>12:00pm – Lunch club</i> BINGO with Connie or Hangman with Dick 1-2pm – Drumming @ MRC <i>2:30pm – Snack Café & Judy on piano</i> Checkers with Greg Finish lines with Cindy or Afternoon stroll with Raleigh</p>	<p>Coffee & Cards with Lewis Morning Stretch with Gayle Mexican Train with Irene Vintage Toys with Chris – Do you have anything vintage to share? <i>12:00pm – Lunch club</i> Hand and back massage plus Nail care 1:30pm – Peg on Piano Basketball with Bob <i>2:30pm – Snack Café</i> Charades with Sandy Afternoon stroll with Cindy</p>	<p>Morning Café with Cindy Stretch & sway with Billy Song in hat with Gayle 10:15am – Sculptures with Krystyna Walking club with Greg <i>12:00pm – Lunch club</i> 1-2pm St. Peter’s Students Ping Pong with JD, Sandy & Gayle Or Pool with Bill & Bob <i>2:30pm – Snack Café</i> Word searches, checkers or Fun Facts with Bob</p>	<p>Caffeine Café with Bob Exercise Time with Greg Connect 4 with Peggye 10:00am – Karaoke Mike Walking Club with Sandy <i>12:00pm – Lunch Club</i> Who am I with staff Ring Toss with Richard <i>2:30pm- Snack café</i> Concentration on the board Jokes, Riddles or Crazy 8s with Pat</p>	<p>Coffee hour with staff Baking Club w/ Irene, & Greg Coloring Techniques with Dick Stretch to the music with Roger <i>12:00pm – lunch club</i> BINGO with Sandy or Trivia with Dick Strolling outside with Cindy Gunsmoke with Raleigh <i>2:30pm- Snack café</i> Strolling outside with Cindy Gunsmoke with Raleigh</p>

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Wear something PINK for Breast Cancer Awareness				
<p>Tea & Coffee with Cindy Exercise Time with Connie Knock'em down cans or Balloon ball with Irene Finishing lines with Dick 12:00pm - Lunch Club 1-2pm - Drumming @ MRC BINGO with Bill 2:30pm - Afternoon Café & Judy on piano Skip Bo with Sandy Exercise in your chair with Irene Word searches, Trivia or Relax to music with Cindy</p>	<p>Coffee & Current events with Steve Knock'em down cans with Pat Jenga, Connect 4 or Puzzles with Peggye Pasta Art with Kay Walking Outside before lunch 12:00pm - Lunch club Hand, Nail, & Back massages with Cindy Basketball with Bob 2:30pm - Snack Café Dominoes, Crazy 8's or Fun Facts with Irene Relax to some music</p>	<p>Tea & Conversation with Julius Morning Stretch/Bean Bag Toss with Dick 10:15am - Fossils with Krystyna Continuing Pasta Art with Kay Walking Club with Raleigh 12:00pm - Lunch club Ping Pong with Sandy, Gayle & Carole Pool with Bob & Bill Concentration with Danielle 2:30pm - Snack Café Afternoon stretch with Cindy Word Unscramble or Gunsmoke with Raleigh</p>	<p>Breast Cancer Awareness Health Education Tea & Conversation with Richard Morning Stretch with Maria Breast Cancer Key Chain Craft with Melissa Walking Club with Pat 12:00pm- Lunch club Ring Toss or Bowling with Steve 2:30pm- Snack Café Puzzles or Table Games, Your Choice Afternoon stretch</p>	<p>Coffee hour with Billy Morning Stretch with Roger Mexican Train with Gayle Baking with Greg Walking Club with Raleigh 12:00pm- Lunch club After lunch stroll BINGO with Bill Finishing Lines with Irene 2:30pm - Snack café Jokes, Riddles & Checkers Relax into the weekend with Sandy</p>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<p>Wear miss matched socks today! Tea & Coffee with Cindy Exercise time with Greg Coloring Techniques with Dick Song in a hat with staff Walking Club 12:00pm - Lunch Club 1-2pm - Drumming @ MRC BINGO 2:30pm- Snack café & Judy on Piano Afternoon leg stretch with Bob Who am I?</p> 	Trip Week to Fazoli's (Tuesday - Thursday)			<p>Coffee Hour with Gayle Stretch & Sway to music with Cindy Morning Discussion with Dick Mexican Train or Jenga with Naomi Walking Club with Raleigh 12:00pm - Lunch Club 1:00pm - Karaoke Mike Afternoon stroll with Irene Hangman with Julius Washer Toss with Raleigh 2:30pm - Snack Café Relax into the weekend with Cindy</p>
<p>Monday 29</p>	<p>Tuesday 30</p>	<p>Wednesday 31</p>	 <p>Riley Forbes Senior Project Event: Halloween Party - 1:00pm</p>	
<p>Tea & Coffee with Gayle Health Education Exercises with Naomi Coloring Techniques with Roger Topical Discussions with staff Walking Club with Raleigh 12:00pm - Lunch Club 1-2pm - Drumming @ MRC BINGO 2:30pm- Snack café & Judy on Piano Basketball with Bill Concentration with staff Gunsmoke, Puzzles or Relax to music with Raleigh</p>	<p>Coffee & Current Events with Greg Morning Stretch with Pat Song in a hat with Richard Skip Bo, Jenga or Puzzles with Gayle Walking Club 12:00pm - Lunch Club After lunch stroll Basketball with Bob Back & hand massage plus manicures with Cindy 2:30pm - Snack Café Table games & Your Choice</p>	<p>Tea & Conversation with Billy Mexican Train with Connie Exercise club with Julius Where am I? Baking Club with Irene & Greg Walking Club 12:00pm - Lunch Group 1:00pm - Halloween Party! 2:00pm - Damien on Guitar Bean bag Toss with Pat 2:30pm - Snack café Hangman with Bob Relax to Music</p>		

