








February



Just Friends
ADULT DAY SERVICES
900 Lindsey Street Columbus, IN 47201
812-372-6415 www.justfriendscolumbus.com

2019 Activity Calendar

				<p style="text-align: right;">Friday</p> <p style="text-align: right;">1</p> <p>Coffee hour with Roger Guggenheim with Gayle Bean Bag toss with Naomi Coloring Techniques with Dick True or False with Julius Before lunch stroll with Shirley <i>12:00pm – Lunch club</i> Bingo with Billy <i>2:30pm - Super Bowl Snack</i> Basketball with Raleigh Relax into the weekend with Sandy</p>
 <p>Monday</p> <p style="text-align: right;">4</p> <p><i>Wear your favorite hat week</i> Coffee and current events with Gayle Morning Stretch with Naomi Mexican Train with Connie Walking club with Raleigh <i>12:00pm – Lunch club</i> 1-2pm – Drumming @ MRC Bingo with Dick <i>2:30pm – Snack Café & Judy on piano</i> Who am I? with Maggie Checkers with Julius Puzzles & Relax to the music w/ Sandy</p>	 <p>Tuesday</p> <p style="text-align: right;">5</p> <p>Morning musings with staff Bowling with Jewell Letter of the day 10:30am-11:00am Spanish with Yami Walking club with Sandy <i>12:00pm – Lunch club</i> Basketball with Bob Back & hand massage Nail manicures with Carole Penny ante with staff <i>2:30pm – Snack Café</i> Charades with Roger Gunsmoke with Raleigh Trivia your choice</p>	 <p>Wednesday</p> <p style="text-align: right;">6</p> <p>True or False with Greg Dominoes with Naomi Baking with Krystyna 20 questions with Dick Balloon ball with Noodles Walking club with Raleigh <i>12:00pm – Lunch club</i> 1pm - 2pm St. Peter's students Ping Pong with JD <i>2:30pm – Snack Café</i> Pyramid game with Shirley Finishing lines with staff</p>	 <p>Thursday</p> <p style="text-align: right;">7</p> <p>Tea, coffee and conversation with Steve Volleyball with Peggy Puzzles with Vicki Where am I? with Maggie Jokes with Roger Song in a hat Walking club with Lewis <i>12:00pm – Lunch Club</i> Bingo with Peggye Stretching with Jewell or Concentration with Shirley <i>2:30pm- Snack café</i> Word unscramble Bowling with Raleigh</p>	 <p>Friday</p> <p style="text-align: right;">8</p> <p>“All things pickled” Day Coffee Hour with Billy Baking with Naomi & Greg Body in motion with Dick Trivia with staff Walk before lunch with Raleigh <i>12:00pm – Lunch club</i> Shoebox Valentine craft Letter of the day with staff <i>2:30pm- Snack café</i> Popcorn and a movie for Friday</p>

<p align="center">Monday 11</p> <p>Coffee and current events with Greg Mexican Train with Gayle Art not Art with Waunita Baking club with Carole Walking club with JD <i>12:00pm - Lunch Club</i> 1-2pm Drumming at MRC or Bingo w/ Shirley or Checkers w/ Julius <i>2:30pm – Afternoon Café & Judy on piano</i> Craft time Washer toss with Ray Jenga or Jigsaw puzzles with Sandy B.</p>	<p align="center">Tuesday 12</p> <p>Coffee & cards with Lewis Crazy 8’s with Steve & Bob Painting with Jewell Ball bouncing exercise 10:30am-11:00am Spanish with Yami Walking club with Raleigh <i>12:00pm – Lunch club</i> Hand, nail, & back massage with staff Bingo with Sandy D. <i>2:30pm – Snack Café</i> Read by the fireplace with Bob Afternoon stroll</p>	<p align="center">Wednesday 13</p> <p>Coffee, Tea, and Discussions with staff Stretch & sway with Naomi Create your own city art project Walking club with Raleigh <i>12:00pm – Lunch club</i> 1:00pm – St. Peter’s students Pool or Ping Pong Hangman with Mary <i>2:30pm – Snack Café</i> Sing along to favorite songs Cheers o’clock – showtime with Raleigh Afternoon stroll</p>	<p align="center">Thursday 14</p> <p>Caffeine Café with Lewis True or False with Steve 10:00am – Karaoke Mike Walking club with Roger <i>12:00pm - Valentine’s Day Pizza Party</i> 1:00pm – craft with Neva <i>2:30pm- Snack Café</i> Afternoon chair stretching with Diane Word unscramble or Crazy Cat videos w/ Gayle</p>	<p align="center">Friday 15</p> <p>Tea and Conversation with Dick Who am I? with staff Health topic – your choice Walking club with Bob <i>12:00pm- Lunch club</i> Bean Bag Competition with Roger Memory game – find the match <i>2:30pm – Snack café</i> Afternoon stroll with Sandy & Raleigh</p>
<p align="center">Monday 18</p> <p>Coffee hour with staff Balloon ball with Noodles Guess how old? Granola bar baking Walking club with Connie <i>12:00pm - Lunch Club</i> Bingo with Naomi <i>2:30pm – Afternoon Café & Judy on piano</i> True or false with Alexa Afternoon stroll with Raleigh</p>	<p align="center">Trip week (Tues, Wed, & Thur.)</p>			<p align="center">Friday 22</p> <p>“Pajama Day” with Gayle Tall Tales with Billy Stretch & sway wit Greg Science trivia with Krystyna Walking club with Raleigh <i>12:00pm – Lunch club</i> Corn hole competition with Dick <i>2:30pm – Snack Café</i> Afternoon stroll</p>
<p align="center">Monday 25</p> <p>Coffee Hour with Billy Mexican Train with Gayle True or False with Dick 10:00am – Little Seeds preschoolers visits Did you say Parachute? Walking Club with Raleigh <i>12:00pm - Lunch Club</i> 1-2pm Drumming at MRC or Bingo with Lewis <i>2:30pm – Afternoon Café & Judy on piano</i> Grocery Shopping game Afternoon stroll</p>	<p align="center">Tuesday 26</p> <p>Coffee & Morning discussion with Bob Thumbprint art Crazy 8 club with Steve 10:30am-11:00am Spanish with Yami Walking club with Raleigh <i>12:00pm – Lunch club</i> Bingo with Peggye or Nail art Basketball with Bob <i>2:30pm – Snack Café</i> Crazy animal videos Afternoon stroll</p>	<p align="center">Wednesday 27</p> <p>Coffee & cards with Gayle Bean bag toss with Ray Yahtzee w/ Greg or Hangman w/ Roger Moring Devotion with Julius Walking club with JD <i>12:00pm – Lunch Group</i> 1:00pm – St. Peter’s students Ping Pong or Pool 2:00pm – Music with Damien <i>2:30pm – Snack café</i> Charades with Kay</p>	<p align="center">Thursday 28</p> <p>Morning coffee with staff Baking with Peggye Stretch to the music with Jewell True or false with Alexa Walking club with Raleigh <i>12:00pm – Lunch club</i> 1:00pm – Karaoke Mike <i>2:30pm – Snack Café</i> Afternoon stroll</p>	