







Activity Calendar 2022



900 Lindsey Street
 Columbus, IN 47201
 812-372-6415
www.justfriendscolumbus.com

			<i>Thursday 1</i>	<i>Friday 2</i>
<p>Music Therapy with Valerie September 7, 13, 21 and 26</p> 	<p>Oliver's Tricks September 14th</p> 	<p>Luciana's Restaurant September 2 and Tuesday 6</p> 	<p>Coffee & Cards Memory Board Game Morning Craft Dancing Exercises 11:15 BINGO 12:00 pm Lunch Club Pictionary Game Ping Pong or Pool Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Table Topic Discussion</p>	<p>Tea or coffee Letter of the day Morning Craft Dumbbell Exercises 12:00 pm Lunch Club Opposite words Let's go for a walk! Afternoon Craft SPORT COMPETITION 2:30 pm Snack café Hangman Table Topic Discussion</p>
<i>Monday 5</i>	<i>Tuesday 6</i>	<i>Wednesday 7</i>	<i>Thursday 8</i>	<i>Friday 9</i>
	<p>Hot Chocolate or Coffee Brain Fitness Morning Craft Let's go for a walk! Chair exercises 12:00 pm Lunch Club The price is Right Game Ping Pong or pool Afternoon Craft SPORT COMPETITION 2:30 pm Snack Café Table Topic Discussion Trivia</p>	<p>Tea & conversation Morning Craft Brain Fitness 10:30 – 12:30 Sandy's Closet Project Stretch with a noodle Walking Club 12:00 pm Lunch 1:00-2:00 Music Therapy with Valerie Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Hangman Table Topic Discussion</p>	<p>Morning Coffee Brain Fitness Morning Craft 11:15 Bingo Exercises 12:00 pm Lunch Club Let's go for a walk! Letter of the day Ping Pong or pool Afternoon Craft SPORTS COMPETITION 2:30 pm Afternoon Café Table Topic Discussion Afternoon Strolling</p>	<p>Morning tea and talk Memory Board Game Morning Craft Cooking Club: Let's make Easy Fruit Pizza Dance Exercises 12:00 pm Lunch Club Spanish Bingo Afternoon Craft SPORT COMPETITION Sing along Let's go for a walk! 2:30 pm Snack Café Table Topic Discussion</p>

<i>Monday 12</i>	<i>Tuesday 13</i>	<i>Wednesday 14</i>	<i>Thursday 15</i>	<i>Friday 16 Mayflower Day</i>
Morning Coffee Word Association Board Game Morning Craft Sewing Club 11:15 Bingo & Exercises 12:00 pm Lunch Club Penny ante Game Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café and Judy on piano Table Topic Discussion	WESTERN DAY PARTY Coffee & Cards Memory Board Game 10:30-11:30 Music Therapy with Valerie 12:00 pm Lunch Club Exercise with a Stretch band Afternoon Craft Walking Club! Ping Pong or Pool SPORT COMPETITION 2:30 pm Snack Café Table Topic Discussion	Hot Chocolate or Coffee Brain Fitness Morning Craft Chair Exercises 12:00 pm Lunch Club 1:00-2:00 Oliver (dog) Tricks performance Let's go for a walk! Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Table Topic Discussion Finishing the lines	Tea & conversation Brain Fitness Morning Craft Walking Club! 11:15 Bingo Exercises 12:00 pm Lunch Club 1:00-2:00 Karaoke with Mike Ping Pong or pool Afternoon Craft 2:30 pm Afternoon Café SPORT COMPETITION Table Topic Discussion Afternoon Strolling	Morning Coffee Letter of the day Morning Craft Cooking Club- Let's cook Goey Pizza Dip Dance Exercises 12:00 pm Lunch Club Let's go for a walk! The price is Right Game Afternoon Craft SPORT COMPETITION Trivia 2:30 Snack Café Table topic Discussion
<i>Monday 19</i>	<i>Tuesday 20</i>	<i>Wednesday 21 World Gratitude Day</i>	<i>Thursday 22 First Day of Fall</i>	<i>Friday 23</i>
Coffee and cards Brain Fitness Morning Craft 11:15 Bingo Exercises 12:00 pm Lunch Club Enjoy your walking! Memory Board Game Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café and Judy on piano Table Topic Discussion	Coffee or Tea Brain fitness Morning Craft Dance Exercises 12:00 pm Lunch Club 1:00 Piano performance with Mary Jane & Herb BUNCO GAME Ping Pong or pool Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Table Topic Discussion	Coffee talk Brain fitness Morning Craft Stretch your body Walking Club! 12:00 pm Lunch Club 1:00-2:00 Music Therapy with Valerie Afternoon Craft Sing a long SPORT COMPETITION 2:30 pm Snack Café Table Topic Discussion	Tea & conversation Brain Fitness Morning Craft 11:15 Bingo Exercises 12:00 pm Lunch Club Pictionary Game Let's go for a Walk! Ping Pong or pool Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Table Topic Discussion	Morning Coffee Brain Fitness Morning Craft Chair Exercises Cooking Club- Chicken Teriyaki 12:00 pm Lunch Club Let's go for a walk! Spanish Club Afternoon Craft SPORT COMPETITION 2:30 pm Snack café Trivia Table Topic Discussion
<i>Monday 26</i>	<i>Tuesday 27</i>	<i>Wednesday 28</i>	<i>Thursday 29</i>	<i>Friday 30</i>
Morning Coffee Brain Fitness Morning Craft 10:30-11:30 Music Therapy with Valerie Let's go for a walk! 11:15 Bingo + Exercises 12:00 pm Lunch Club Afternoon Craft SPORT COMPETITION 2:30 Afternoon Café and Judy on Piano	Tea & conversation Brain Fitness Morning Craft 12:00 pm Lunch Club Walking Club Ping Pong or Pool Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café Table Topic Discussion	Hot Chocolate or Coffee Brain Fitness Morning Craft Balloon & noodles exercises 12:00 pm Lunch Club 1:00-2:00 Karaoke with Mike Walking Club SPORT COMPETITION 2:30 pm Snack Café Table Topic Discussion	Tea & conversation Brain Fitness Morning Craft 11:15 Bingo Exercises 12:00 pm Lunch Club Pictionary Game Ping Pong or pool Afternoon Craft SPORT COMPETITION 2:30 pm Afternoon Café	Morning Coffee Brain Fitness Morning Craft Cooking Club- Banana Chip Muffins Chair Exercises 12:00 pm Lunch Club Let's go for a walk! Hangman Afternoon Craft SPORT COMPETITION 2:30 pm Snack café

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