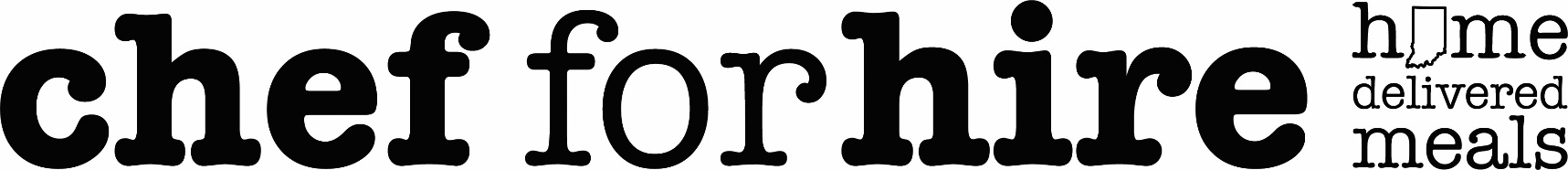
**June 2023 adult daycares**



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **See the source image** | **Cultural Meal Day** |  | 1  **Ginger BBQ Chicken**  **3oz**  **Whipped Sweet**  **Potatoes ½ cup**  **Collard Greens ½ cup**  **Wheat Bread 2 slice**  **Diced Pears ½ cup**  Milk 8oz | 2  Country Fried Steak 3oz  w/Gravy 2oz  Spinach ½ cup  Baked Potato 1 each  w/Smart Balance  wheat bread 2 slice  Tropical Fruit ½ cup  Milk 8oz |
| 5  Grilled Hamburger 3oz  Mac & Cheese ½ cup  Festive Green  Beans ½ cup  Pineapple ½ cup  Wheat Bun 1 each  Milk 8oz | **6**  Chicken Parmesan 3oz  Key West Blend ½ cup  Roasted Redskin ½ cup  Potatoes  Wheat Bread 1 slice  Apple sauce 4oz  Milk 8oz | **7**  **Lasagna 3oz w/ Vegetable Marinara ½ cup**  **Diced Carrots ½ cup**  **Lima Beans ½ cup**  **Wheat roll 1 each**  **Diced Pineapple ½ cup**  **Milk 8oz** | 8  Grilled Chicken 3oz  w/Salsa & Cheese  2 oz0  Black Beans ½ cup  Diced Carrots ½ cup  Corn Muffin 2 each  Mandarin Oranges  ½ cup  **Milk 8oz** | 9  **Pollock Almondine 3oz**  **California Blend ½ cup**  **Scalloped Potatoes ½ cup**  **Diced Peaches 1/21 cup**  **Wheat Bread 1 slice**  Milk 8oz |
| 12  **Oven Fried Chicken 3oz**  **Collard Greens ½ cup**  **Whipped Sweet Potatoes ½ cup**  **Orange Juice 4oz**  **Milk 8oz** | 13  Country Ham &  Beans 1 cup  Diced Carrots ½ cup  Diced Beets ½ cup  Corn Bread 2 each  Mixed Fruit ½ cup  Milk 8oz | 14  Smoked Sausage 3oz  w/Peppers & Onions  Peas ½ cup  Roasted Potatoes ½ cup  Wheat Bread 2 slice  Strawberry  Applesauce 4oz  Milk 8oz | 15  **Vegetarian Chili 1 cup**  **California Blend Vegetables ½ cup**  **Roasted Sweet Potatoes ½ cup**  **Cornbread 1 slice**  **Tropical Fruit 4oz**  Milk 8oz | 16  **Italian Bowtie 1 cup**  **Pasta w/ Beef**  **Broccoli w/ Red ½ cup**  **Peppers**  **Green Beans ½ cup**  **Applesauce 4oz**  **Milk 8oz** |
| **19 – Happy**  **Juneteenth!**  **Sloppy Joe**  ½ cup  **Roasted Sweet**  **Potatoes**  ½ cup  **Brussels Sprouts w/**  **onion**  ½ cup  **WW Bun** 1 each  **Diced Pineapple 4oz**  **Milk  8oz** | 20  **Beef Stroganoff 1 cup**  **w/ Egg Noodles**  **Green Beans ½ cup**  **Diced Carrots ½ cup**  **Fresh Orange 1 each**  **Wheat bread 1 slice**  **Milk 8oz** | 21  Sliced Turkey 3oz Over  Southwest Pasta 1cup  Peas ½ cup  Corn ½ cup  Wheat bread 1 slice  Pudding 4oz  Milk 8oz | **22**  Bagel w/ 1 each  Sausage 1ozEgg 1oz &  Cheese 1oz  Roasted Sweet  Potatoes ½ cup  Sliced apples ½ cup  Milk 8oz | **23**  Beef Stew 1 cup 2(oz)  Corn ½ cup  Turnip Greens ½ cup  Wheat Bread 1 slice  Diced Peaches ½ cup  Milk 8oz |
| **26**  Smothered  Chicken Breast 3 oz  White Rice Pilaf ½ cup  Key West Vegetables ½ cup  Wheat Bread 2 slice  Birthday Treat 1 each  Milk 8oz | **27**  **Meatloaf 3oz w/Gravy**  **Brussels Sprouts ½ cup**  **Mashed Potatoes ½ cup**  **Wheat Bread 2 slices**  **Mandarin Oranges ½ cup**  **Milk 8oz** | **28**  **Indiana Style**  **Chili Mac**  **Mixed Vegetables**  **Applesauce**  **Corn Bread**  **Milk** | 29  Potato Pollock  Collard Greens  Peas & Corn  Wheat Bread  Tropical Fruit  Milk | **30**  **Spaghetti/meatballs**  **Parmesan Cheese**  **California Veg**  **Blend**  **Italian Cut**  **Green Beans**  **Mandarin Orange**  **Milk** |

\*Menus are subject to change based on product availability.