Name of Participant _____

Date _____

Place a check in the box of all activities that you enjoy:

- □ Petting animals
- □ Grooming animals
- □ Viewing animals
- □ Board games
- □ Active games
- □ Word games
- □ Puzzles
- Exercise: type _____
- Exercise: type _____
- $\hfill\square$ Woodworking
- $\hfill\square$ Gardening
- □ Crafts
- □ Sewing
- □ Painting/Drawing
- \Box Coloring
- □ Cleaning
- □ Sitting/Relaxing
- □ Group discussions: interesting subject
- $\hfill\square$ Casual conversations with friends
- □ Birdwatching
- □ Fishing
- \Box Yard work
- □ Building projects
- □ Housework
- □ Needlework/Crochet/Knitting
- □ Card games
- □ Ping pong
- Karaoke
- □ Singing for others
- □ Group games

- $\hfill\square$ Caring for others
- □ Reading alone
- $\hfill\square$ Reading to others
- $\hfill\square$ Watching children play
- $\hfill\square$ Mechanical work
- □ Electronic games
- $\hfill\square$ Computer surfing/exploration
- $\hfill\square$ Creative writing
- $\hfill\square$ Diary writing
- $\hfill\square$ Speaking to a crowd
- □ Teaching others
- □ Leading prayer
- □ Teaching Bible lesson
- □ Baking/cooking
- □ Telling stories
- \Box Watching TV
- □ Painting
- □ Riding bikes
- \Box Repairing
- □ Solving Problems
- □ Listening to others
- □ Offering advice
- □ Beauty (hair, nails, makeup)
- \Box Walking
- □ Looking at pictures of myself/others
- □ Talking about good memories
- □ Sleeping/Napping
- □ Other _____
- □ Other _____

Place a check in the box of all environments that you enjoy:

- □ Outdoors
- □ Riding in vehicle
- □ Restaurants
- □ Shopping centers
- □ Movies/Theater
- □ Library
- □ Community centers
- □ Local government meetings
- □ Local club meetings
- □ Local religious meetings
- □ Church services
- □ Local fundraisers

- □ Social events
- □ Community events
- Senior Center
- Fitness Center
- □ Beauty/Barber shops
- □ Front porch/deck
- □ Friend's house
- □ Family member's house
- $\hfill\square$ Just Friends activity area
- □ Just Friends quiet room
- $\hfill\square$ Indoors
- \Box Home

Place a check in the box of all social situations you enjoy:

- □ Being alone
- $\hfill\square$ Being with one or two people
- $\hfill\square$ Being with groups
- □ Being in large crowds
- $\hfill\square$ Being with friends
- □ Being with people I do not know
- □ Being with family
- □ Being around professionals
- □ Noisy places
- □ Quiet places

What is your favorite thing to do?_____

What is something you enjoy sharing with others about yourself and your abilities?