


May 2024 Chef for Hire Adult Day care

chef for hire

home
delivered
meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cultural Meal Day</p> 	 <p>POWERED BY CONNECTION: MAY 2024</p>	<p>1 Ginger BBQ Chicken 3oz Whipped Sweet Potatoes ½ cup Collard Greens ½ cup Wheat Bread 2 slice Diced Pears 4 oz Milk 8oz</p>	<p>2 Smoked Sausage w/ 3oz Peppers & Onions 1oz Peas ½ cup Roasted Potatoes ½ cup Wheat Bread 2 slice Strawberry Applesauce ½ cup Milk 8oz</p>	<p>3 Chicken Parmesan 3oz Parmesan Cheese Apples w/ Cherries & Almonds ½ cup Roasted Potatoes ½ cup Wheat Bread 1 slice Mango Cup ½ cup Milk 8oz</p>
<p>6 Oven Fried Chicken 3oz Whipped Sweet Potatoes ½ cup Collard Greens ½ cup Orange Juice 4oz Milk 8oz</p>	<p>7 Spaghetti/ Meatballs 2oz Parmesan Cheese Italian Cut Green Beans ½ cup California Veggies ½ cup Wheat bread 1 slice Diced Peaches ½ cup Milk 8oz</p>	<p>8 Smothered Chicken Breast 3oz White Rice Pilaf ½ cup Key West Veggies ½ cup Wheat Bread 2 slice Diced Pears ½ cup Milk 8oz</p>	<p>9 BBQ Beef 3oz Green Beans ½ cup Scalloped Potatoes ½ cup WG Bun 1 each Tropical Fruit ½ cup Milk 8oz</p>	<p>10 Sliced Turkey 3oz w/Gravy Maple Sweet Potatoes ½ cup Broccoli ½ cup Diced Pears 4oz Milk 8oz</p>
<p>13 Grilled Hamburger 3 oz Mac & Cheese ½ cup Festive Green Beans ½ cup Diced Pears ½ cup WG Bun 1 each Milk 8oz</p>	<p>14 Pot Roast 3ozw/Gravy Broccoli ½ cup Mashed Potatoes ½ cup Applesauce 4oz Milk 8oz</p>	<p>15 Swedish Meatballs 2 oz Broccoli ½ cup Diced Carrots ½ cup Wheat Bread 1 slice Brown Rice ½ cup Mandarin Oranges ½ cup Milk 8oz</p> 	<p>16 Almond Crusted Fish 3oz California Veggies ½ cup Scalloped Potatoes ½ cup Diced Peaches ½ cup Wheat Bread 1 slice Milk 8oz</p>	<p>17 Cheesy Smothered Chopped Steak 3 oz White Rice Pilaf ½ cup Broccoli w/Peppers ½ cup Wheat Bread 1 slice Mandarin Oranges ½ cup Milk 8oz</p>
<p>20 Beef Stew 1 cup Corn ½ cup Turnip Greens ½ cup Wheat Bread 2 slice Diced Peaches ½ cup Milk 8oz</p>	<p>21 Bagel 2 grain w/Sausage, Egg & Cheese 3oz Roasted Sweet Potatoes ½ cup Applesauce ½ cup Milk 8oz</p>	<p>22 Meatloaf w/Gravy 3oz Mashed Potatoes ½ cup Brussel Sprouts ½ cup Mandarin Oranges ½ cup Wheat bread 2 slices Milk 8oz</p>	<p>23 Cheese Lasagna w/ Veggie Marinara 2oz Diced Carrots ½ cup Lima Beans ½ cup Wheat Roll 1 each Diced Pineapple ½ cup Milk 8oz</p>	<p>24 Beef w/Broccoli & Noodles 2oz Diced Carrots ½ cup Diced Pears ½ cup Wheat bread 1 slice Milk 8oz</p>
<p>27 Vegetarian Chili - 2oz <i>New Recipe!</i> California Veggies ½ cup Roasted Sweet ½ cup Potatoes Corn Bread 2 each Tropical Fruit Cup ½ cup Milk 8oz</p>	<p>28 Chicken & Noodles 2oz Rosemary Potatoes ½ cup Broccoli ½ cup Wheat Roll 1 each Birthday Treat 1 each Milk 8oz</p>	<p>29 Pot Roast w/Gravy 3oz Mashed Potatoes ½ cup Broccoli ½ cup Wheat bread 2 slices Applesauce ½ cup Milk 8oz</p>	<p>30 Country Fried Steak w/Gravy 3oz Spinach ½ cup Baked Potato 1 each Tropical Fruit ½ cup Wheat bread 1 slice Milk 8oz</p>	<p>31 Ginger BBQ Chicken 3oz Whipped Sweet Potatoes ½ cup Collard Greens ½ cup Wheat Bread 2 slice Diced Pears ½ cup Milk 8oz</p>

*Menus are subject to change based on product availability.