




August 2025 Adult Daycares AGE:18+

PRECISION NUTRITION



Monday	Tuesday	Wednesday	Thursday	Friday
Cultural Meal Day 				1 Ginger BBQ Chicken 30Z Whipped Sweet Potatoes ½ cup Collard Greens ½ cup Wheat Bread 2 slice Diced Pears ¼ cup Milk 1% 8oz
4 Oven Fried Chicken 3oz Whipped Sweet Potatoes ½ cup Collard Greens ½ cup Orange Juice ½ cup Milk 1% 8oz	5 Spaghetti/Meatballs 1 cup Parmesan Cheese Italian Cut Green ½ cup Beans California Veggies ½ cup Mixed Fruit ½ cup Dinner roll 1 each Milk 1% 8oz	6 Chicken & Sausage Jambalaya 1 cup(2oz) Fajita Vegetables ½ cup Cauliflower ½ cup Diced Pineapple ½ cup Milk 1% 8oz 	7 BBQ Beef 3oz Green Beans ½ cup Scalloped Potatoes ½ cup WG Bun 1 each Diced Peaches ½ cup Milk 1% 8oz	8 Sliced Turkey 3oz w/Gravy Maple Sweet Potatoes ½ cup Broccoli ½ cup Diced Pears ½ cup Milk 1% 8oz
11 Grilled Hamburger 3oz Mac & Cheese ½ cup Festive Green Beans ½ cup Diced Pears ½ cup WG Bun 1 each Milk 1% 8oz	12 Cheesy Smothered Chopped Steak 3oz White Rice Pilaf ½ cup Peas ½ cup Wheat Bread 1 slice Mandarin Oranges ½ cup Milk 1% 8oz	13 Turkey Ham & Beans 1 cup(2oz) Beets ½ cup Carrots ½ cup Corn Bread 2 each Mixed Fruit ½ cup Milk 1% 8oz	14 Almond Crusted Fish 3oz California Veggies ½ cup Scalloped Potatoes ½ cup Mixed Fruit ½ cup 4oz Wheat Bread 1 slice Milk 1% 8oz	15 Pot Roast w/Gravy 2 oz Broccoli ½ cup Mashed Potatoes ½ cup Wheat Bread 1 slice Applesauce ½ cup Milk 1% 8oz
18 Beef & Broccoli 1 cup Lo Mein Noodles Diced Carrots ½ cup Diced Pears ½ cup Wheat bread 1 slice Milk 1% 8oz	19 Bagel w/Pork Sausage,Egg & Cheese 3oz, 2 grain Roasted Sweet Potatoes ½ cup Applesauce ½ cup Milk 1% 8oz	20 Meatloaf w/Gravy 3oz Mashed Potatoes ½ cup Brussel Sprouts ½ cup Mandarin Oranges ½ cup Milk 1% 8oz	21 Beef Stew 1 cup Corn ½ cup Turnip Greens ½ cup Wheat Bread 2 slice Diced Peaches ½ cup Milk 1% 8oz	22 Cheese Lasagna w/ Veggie Marinara 1 cup Capri Veggies ½ cup Lima Beans ½ cup Wheat Roll 1 each Diced Pineapple ½ cup Milk 1% 8oz
25 Vegetarian Chili 1 cup California Veggies ½ cup Roasted Sweet Potatoes ½ cup Corn Bread 2 each Mandarin oranges ½ cup Milk 1% 8oz	26 Chicken & Noodles 1 cup Rosemary Potatoes ½ cup Italian Cut Green Beans ½ cup Wheat Roll 1 each Pineapple ½ cup Birthday Treat wg 1each Milk 1% 8oz	27 Italian Bowtie 1 cup Pasta w/Beef Broccoli w/Red Peppers ½ cup Green Beans ½ cup Applesauce ½ cup Milk 1% 8oz	28 Country Fried Steak w/Gravy 3oz Spinach ½ cup Baked Potato 1 each Dinner roll 1 each Diced peaches ½ cup Milk 1% 8oz	29 Herb Crusted Hake 3oz Roasted Potatoes ½ cup Broccoli ½ Wheat Bread 1 slice Tropical Fruit Cup ½ cup Milk 1% 8oz

*Menus are subject to change based on product availability.